



NEWSLETTER



The Center of
the One Heart
empowers artists,
teachers, healers
and friends to
joyfully co-
create a new
world.



THE CENTER OF THE ONE HEART

The Center of the One Heart is a Virginia non-profit corporation offering support and network services for teachers, healers, artists and spiritual seekers in the Greater Central Virginia area. The impetus for The Center of the One Heart came on May 19th, 2000, through a core group of twenty-eight enthusiasts. One Heart, on a rhythmic basis, sponsors periodic gatherings where together we can create powerful, fun-filled and transformative heart-filled environments. In that space, we are able to tap the high-speed intuitive heart intelligence of the Unified Presence. These gatherings offer a powerful opportunity to come together in our collective heart and to tap the power of love in action, divine synchronicity, infinite intelligence, and the powerful connectivity that comes from awakening and moving into our deepest encoding and purposes for being on the earth.

www.oneheartcenter.org www.oneheartcenter.org

ONE HEART CONTINUES SPEAKER SERIES!

One Heart is thrilled to announce, that due to a very well attended fall lecture series, that we will be continuing this popular event! The One Heart is dedicated to creating opportunities for people to help other people, so together we can raise heart consciousness in the world. One Heart has recently expanded its purpose by embracing education as a means to support a new paradigm for a new and evolving world. One Heart wishes to focus its community outreach in Charlottesville and surrounding areas by offering a spring lecture series, consisting of four bi-weekly lectures on Thursday evenings, beginning on May 8th. Part of our mission is to awaken, educate, inspire and make a difference in the world."

These free lectures will be held at the Northside Library in Charlottesville and will last one hour, beginning at 6:30 pm followed by a question and answer period.

ONE HEART SUMMER SOLSTICE CELEBRATION AT SWANNANOA

On June 17, 2017, The Center of the One Heart will host from 3:00 p.m. until 7:00 p.m., a Summer Solstice Celebration at Swannanoa Palace and Gardens on Afton Mountain, Virginia, just off Exit 99 on Interstate 64 west of Charlottesville, Virginia. This will be a smaller intimate gathering with no speakers or vendors, offering the opportunity to reconnect, socialize, celebrate and enjoy a potluck dinner and music on the front porch or front lawn of Swannanoa Palace. This Summer Solstice Family Gathering is being created to celebrate the 50th Wedding Anniversary of One Heart President and Elder, Sam Spicher and his lovely wife, Martha Spicher, who were married at Swannanoa 50 years ago. Many thanks to Sandi and Phil Dulaney for making Swannanoa Palace and Gardens available for this special family-style celebration.

One Heart Spring Fling at Akasha! Saturday May 27th, 2017



What:

You are invited to attend the annual One heart Spring Fling- a gathering of teachers, healers, artists and Spiritual seekers from the greater Virginia area- for a day of fun, sharing, networking, ceremony, food and entertainment.

Bring drums, or acoustic instruments for music and storytelling around the bonfire in the evening after a potluck dinner. Bring a blanket or a lawn chair.

When:

Sat May 27th 12:30 - 10 pm

Our setup begins @ 12:30 followed by a circle time at 2 pm with introductions and sharing.

Meditation at 4 pm, followed by Potluck @ 5 pm

Music at 7 pm

Where:

*Akasha~ a very special gathering place
6656 Mountain Light Place, CROZET, VA 22932*

For more info, please contact:

Airisun (434) 823 9911 or Richard 1 800-741 1012

Or email: centeroftheoneheart@gmail.com

<http://oneheartcenter.org>

<http://akasha-va.org>





Sat June 17th, 2017

Please Join our One Heart Family, for our Summer Solstice gathering to celebrate Sam and Martha Spicher's 50th Wedding Anniversary!

*Sam and Martha were married at Swannanoa in 1967.
Time: 3-7 pm Swannanoa Palace.*

Come and enjoy a special One Heart Day at the Palace with interior and grounds open.

Have a walk, mingle and share your unique memories.



*Dinner at 5:00 pm on Front Portico
Evening Music
Bring your lawn chair
and your beautiful selves!*

www.oneheartcenter.org

The Center of the One Heart



Proudly Presents ...

A Spring Speaker Series

Northside Library 705 Rio Rd W, Charlottesville

Thursday May 11th, 6:30 pm

Nick Lasky, psychic, astrologer

Topic: Tapping into your Psychic Powers

'an experiential experience into awakening your psychic gifts'

Thursday May 25th, 6:30 pm

Richard Dulaney

Topic: Awakening Heart Intelligence

'How to reduce stress, manage emotions, activate intuition and create happiness'

Thursday June 8th, 6:30

Airisun Wonderli

Topic: The Russell's of Swannanoa Philosophical Blueprint

'The Russell Educational Perspective for the New Earth'

Thursday June 22nd, 6:30

Elaine Parke

Topic: The Age of Character Club...then and now

'the expansion of Russell cosmogony to worldwide compassion'

The Center of the One Heart encourages readers to visit our website to review the bios and more info on the Speakers Series.

<http://oneheartcenter.org>



*This series is free
and open to the public!*

*Call Garry Wallace for
more info 434-409-4422*

THURSDAY MAY 11TH: NICK LASKY, PSYCHIC & ASTROLOGER

Topic: Tapping into your Psychic Powers

'An experiential evening into awakening your psychic gifts'

About the talk:

Nick will teach specific techniques to deepen your psychic abilities, and learn about the psychic world and the many ways to receive psychic information. He will also guide you through a guided meditation to awaken and activate your third eye.



Nick Lasky
www.nicklasky.com

Bio:

Nick is a professional psychic, astrologer, and healer at the Aquarian Bookshop in Richmond, Va. Nick is the founder of the Society of Awakening Souls at the University of Virginia and studies in a Mystery School of Ancient Wisdom. Nick has the unique ability to fuse together his clairvoyance, spiritual knowledge, and humor to give you an insightful, uplifting, and fun experience.

Nick is conducting a workshop: Sunday May 21st: 11 am -6 pm

Cost: \$90.00

624 Berkmar Circle # A, Charlottesville, VA

How to Deepen Your Meditation. Learn simple techniques to take you deeper/faster

- *Tame your monkey mind*
- *Several styles, buddhist, mindfulness, yogic & more*
- *Special techniques for anxiety, stress and depression*

Please contact: Nicholas.Lasky@gmail.com for registration and more info!

Thursday May 25th: Richard Dulaney, J.D.

Topic: Awakening Heart Intelligence

'How to reduce stress, manage emotions, activate intuition and create happiness'

About this talk:

In this lecture Richard will present tips, techniques and tools for practicing emotional neutrality and optimizing heart coherence for the realization of health, happiness, and destiny of purpose. Richard will explain how to use the law of reflection to understand how we make subconscious choices that create our experiences and perceptions of reality; and how to move from emotional heart to spiritual heart and conscious choices. Richard will also present information on Heart Math tools such as Neutral Technique, Quick Coherence Techniques, Heart Lock-In Technique, and Freeze Frame Technique for improving health and performance. Richard also will explain how to tap heart empowerment, heart/brain synchronization, and how to 'heart hologram' in order to surf divine synchronicity.



Richard Dulaney

Bio:

Richard Dulaney is a native of Charlottesville, Virginia, attended the Episcopal High School in Alexandria, Virginia, and received a Bachelor of Arts from Yale University in 1971. He obtained a law degree from the Marshall Wythe School of Law in Williamsburg, Virginia, in 1977. Richard is senior partner of Dulaney, Lauer & Thomas, LLP, a law firm focusing exclusively on personal injury and wrongful death trial work. www.dulaneylauerthomas.com. Richard is a co-founder and presently serves as Secretary of The Center of the One Heart (www.oneheartcenter.org). He is also certified as a one-on-one coach with The Institute of Heart Math in Santa Cruz County, California (www.heartmath.org).

Thursday June 8th, 6:30
Airisun Wonderli

Topic: The Russells of Swannanoa: Philosophical Blueprint
'The Russell Educational Perspective for the New Earth'

About this talk:

Following intense study of the Russell Cosmology and research into her newly published work, Swannanoa Palace: A Pictorial History- Its Past and People, Airisun has begun to speak and revive the inspired work of Walter and Lao Russell. In this presentation, Airisun shows how the Russells' perspective on education (especially in regard to the Arts and Sciences) can help release each child and individual's creative inspiration and inner learning. She will share how the Russells' own early education influenced their philosophical ideas, as well as Dr. Russell's authorship of children's books, illustrations, and child portraiture. His 1937 educational Prospectus for Swannanoa contained an early blueprint for their later establishment of The University of Science and Philosophy. Through exploring the Russells' profound lives and writings concerning present public education and their progressive promotions of creative expression and character, Airisun will convey how they set an example and put forward a Living Philosophy for developing the genius and purpose in each person.



Airisun Wonderli
www.philosophy.org

Bio:

Airisun is a graduate of Virginia's James Madison University with an Art Education degree and a resident of sugar hollow near historic Charlottesville, Va. Her career has been varied with working in the past as a Graphic Artist, a Drafter/Designer for houses, corporations and ships, an estate Rendering Illustrator, an author of 3 books (one as Illustrator), Photographer, and most recently a Tour Guide for the historic local landmark Swannanoa. She has two more books she's presently working on, and ascreenplay miniseries on the Russells' lives.

Thursday June 22nd, 6:30

Elaine Stevens-Parke, MBA, CS, CM, NSA

Topic: The Age of Character Club...then and now

'The expansion of Russell cosmogony to worldwide compassion'

About this talk:

In this lecture you will learn how, without special knowledge or powers, YOU can EASILY participate daily, in the dissemination of worldwide character and compassion that Lao & Walter Russell so deeply desired. Lao knew in her time, that her "Age of Character Clubs" was "her best shot" - but she also knew that it wasn't enough to go global. She knew a strategic messaging plan was needed, that could and would take the essence of their wisdom to all the corners of the earth.

When formulated by Walter Russell, his "Cosmogony" was a new concept of the universe, that explained the relationships between matter and energy, and between electricity and magnetism". However, the Russell's works were compiled before we had the technology to engage his Cosmogony to disseminate their truths world-wide. Then, the Russell truths were printed and disseminated only as matter - in the form of books.

This is the humble presentation of just such a strategic plan to engage the tools of Walter's entire cosmogony to easily inspire and motivate each of us and all the people of our world into the age of character of Lao's and Walter's dreams and desire.... One month at a time.



Elaine Stevens-Parke

www.wonderfulpeople.net

Bio:

"Because I, like you, care deeply about all of us, our planet, and our children's future, I founded and am building momentum for "12 Habits for Wonderful People". It's time we all treated each other better more often. My wolf friend in this photo, Logan, knows better than we do, that to survive, you have to co-exist with nature, and get along together in your family and in your own pack. With an award-winning life time career in corporate marketing and advertising, Ms. Parke is well equipped to bring the mass reach capacity of her field to the expansion of compassion among us to uplift ourselves and our planet's future



2017 CIRCLE OF LEADERSHIP ANNOUNCED

At its December 17, 2016, Center of the One Heart Holiday Gathering and Annual Members Meeting, the Circle of Leadership for the Center of the One Heart was elected for Calendar Year 2017: Sandra Grace Brooks, Pamela Donnelly, Connie Flaughner, Patrick Flaughner, Linda Heeschen, Nick Lasky, Fred Oesch, Elaine Parke, Jennifer L. Smith and David VanDerveer.

At its first Circle of Leadership meeting on a snowy Saturday, January 7, 2017, at the home of One Heart Operational Team Members Kevin Morrison and Marge Thompson, the newly elected Circle elected the following slate of officers for 2017: Sam Spicher, President; Kim Johnson, First Vice President; Kevin Morrison, Second Vice President; Richard Dulaney, Secretary; Marge Thompson, Assistant Secretary; and Arisun Wonderi, Treasurer.

The Circle of Leadership then appointed these additional Members to the Center of the One Heart Operational Team for 2017: Elly Appel, Cameron Beers, Barney M. Brown, Geoffrey Bullington, Diana Bullington, Deborra Cameron, Pamela Donnelly, Devi Herrsche, Shallel Ken Inglima, Margaretta McIlvaine, Amy M. McKenzie, Sherri L. Mikols, Pat O'Hanlon, John J. Oliver, Iela Denise Tynan, and Garry Wallace. An especially big shout-out to Amy McKenzie, who, from the West Coast, is hosting our monthly One Heart conference calls, to Deborra Cameron, who, from Canada, has worked diligently to produce this Spring newsletter and the Spring Speaker Series, and to Garry Wallace, who hosted last fall's Speaker Series, and who will again, be hosting our Spring Series as Master of Ceremonies.



News From the US&P

EMERGING COMMUNITY ON AFTON MOUNTAIN

For many years, Cindy Lewis, a long-time employee of the University of Science and Philosophy has lived at the University of Science and Philosophy guest house, on Russell Way, on Afton Mountain, adjoining her neighbors, Mark and Joanna Graver, who are Russell students. The Gravers children also join them.

Over the winter of 2016 – 2017, Darren Colomb moved from Vermont to Afton Mountain to establish a working lab in the Science House, owned by the University of Science and Philosophy on Russell Way. Darren is a laboratory scientist, inventor, musician, metascientist, philosopher and archivist. Darren is the lead scientist on the University of Science and Philosophy's Science and Research Committee. Currently, he is actively working on a home a/c generator system to alleviate energy dependence and seeking funding for the University of Science and Philosophy's Science and Research facility to advance and reform our current science paradigm.

In February of 2017, Jeremy Boyer and his wife, Adrian, their daughter, Emma, and their son, Blaine, relocated from the Houston, Texas, area to Afton Mountain to become part of the University of Science and Philosophy's growing staff and community on Afton Mountain. Jeremy Boyer was in a civil engineering squadron of the U. S. Army, is an experienced carpenter, welder, sheet metal fabricator and locksmith. Jeremy serves as Secretary of the University of Science and Philosophy Alumni Committee and also serves as Secretary of the University of Science and Philosophy Science and Research Committee, and is now employed as Head of Maintenance for the University of Science and Philosophy on Afton Mountain in Virginia.

We extend a hearty welcome to Jeremy, Adrian, Emma, Blaine and Darren, and are excited to see the growing spiritual community on Afton Mountain.

The USP is holding their next Homecoming Conference October 7th-8th, 2017 at the historic [Wayne Theatre](#) in Waynesboro, VA. Exciting guest speakers and a special keynote speaker (TBA) will be among those participating. There is a chance to view several pieces of artwork by Dr. Russell as well. Stay tuned for upcoming announcements by following the USP on social media and their main site at www.Philosophy.org

News From Wisdom School Team



In the past 9 months, the Wisdom School team has expanded in order to begin the real work of bringing the collective vision to life in the Blue Ridge. The team enrolled in a 4 month journey with the Aero school starters course, where we learned the fundamentals of birthing a school. This was indeed an amazing experience! So far we have sponsored 5 events, gathering local families for fun and play, and to talk about school. The focused discussions have included questions such as: what's working and what is not, and what the very best day of school would look and feel like? Attendees have inspired the Wisdom School team to recreate the ancient mystery school for kids - to create a space where each child is encouraged to cultivate and actualize his or her own inherent genius. We are still very much in the research and development phase of a possible school, and we invite you to join this amazing energy of creation with love and fun!

Please reach out to team members: Mara Linaberger mlinaberger@gmail.com, Deborra Cameron soletosoulholistics@rogers.com, Kim Johnson kangenkim212@gmail.com, Annie Hess ahess@feathertree3.com or Shona Bellew shonabellew@hotmail.com

News From Laura George At The Oracle Institute

THE ORACLE INSTITUTE

An Advocate for Peace and a Vanguard for Conscious Evolution

Damanhur Past Lives Workshop



April 8 – 9

Let Ambassador Shama Viola and the Oracles at Damanhur help you recall two prior lives during this interactive workshop. You will receive “clues” during a series of inner exercises, music, movement, drawing & meditation.

Space is limited to 15 people and the registration deadline is March 15 due to research done by the Damanhur Oracles in Italy. Learn more & register:

TheOracleInstitute.org/damanhur-past-lives

Women's Empowerment Weekend

June 9 – 11

This sacred retreat examines the Divine Feminine from the perspective of the five primary religions and other wisdom traditions. Reclaim the history, mythology, power and presence of the Goddess!



Full Moon ceremony, yoga meditations, classes, dance, shared storytelling & more ...

Guides: Sumati Govinda from Yogaville, Meghan Don, Nisa Muhammad & Laura George

TheOracleInstitute.org/womens-empowerment

PEACE PENTAGON HUB

A Strategic Center for Building the New World

The Peace Pentagon is a retreat and conference center overlooking the New River in Independence, Virginia. Our eco-spiritual center includes a multi-faith sanctuary that seats 100 people, a library, classrooms, and offices. Oracle's 22 acre campus also includes 3 guest houses, trails, campground, outdoor labyrinth & medicine wheel.

Please visit us for an event or just to relax and recharge.

www.OracleGuests.com



Find Your Peers & Critical Action Events!

Peace Pentagon HUB is a database networking site for social and spiritual progressives in Washington DC, Maryland, and Virginia. Each month, the HUB highlights “**What’s Emerging**” in 12 Sectors.

[Join the HUB and post your events too!](#)

The Peace Pentagon HUB launched on July 4, 2016, as a beta-test site of the Office for the Future – an international project inspired by futurist Barbara Marx Hubbard and other luminaries. **Help build the New World!**

www.PeacePentagon.net



WHAT IS THE BLUE POT?

The events mentioned in this Newsletter, are offered freely from the Heart. The Blue Pot is a way for all of us, to let our hearts speak and say 'Thank You' to the organizing team for their efforts to make all of this happen and support them towards the costs of printing, and advertising. Please unlock the *Secret of Abundance* for yourself by giving to life, work and events of the Center of the One Heart. Your giving will be re-given through increasing abundance in all aspects of your life!



This is a Grecian Goddess holding a Blue Pot in her hands pouring golden water unto the Earth. Golden water symbolizes money expressing love and care. It heals the wounds of people and planet. The Blue Pot symbolizes the cauldron of the Earth in which we transform our use of money. That Golden Water may flow and express our care!



Your Facebook page will have periodic posts about the life, work, and activities about the Center of the One Heart and afford you an opportunity to link with other messengers of light and love through our Facebook page, discussion threads, and event threads.

Our goal in utilizing Facebook is to connect with a wider community of other teachers, healers, and artists whose messages, intentions, and purposes are congruent with the life, work, and events of the Center of the One Heart.

Please consider “liking” our Facebook page and sharing with others a link to our Facebook page.

<https://www.facebook.com/Center-of-the-One-Heart-196099830413665/>



The Center of the One Heart has two email groups. You may sign up for either or both at our homepage: www.oneheartcenter.org

In the bottom left corner of the homepage, there is a sign-up list for the newsletters that we send out twice each year (such as this spring newsletter). These newsletters focus only on the Center of the One Heart-sponsored events.

In the bottom right corner of the homepage, there is another email list which is designed to support teachers, healers, and artists in the greater Central Virginia area. If you sign up for this list you will receive time, date and place specific notices of events in the greater Central Virginia area.

You must be a member of this second email group to use the email group yourself. Additionally, you must follow the guidelines for the group, which specify that all announcements are to be time, date and place specific, and that there be no hawking of goods or services, no political postings, no jokes or inspirational postings, and no forwards.

For the instructions for how to use the sharing mail list contact us @centeroftheoneheart@gmail.com

SUGGESTION: If you are on the email list you should blind carbon copy yourself on any announcement that you send out so that you can verify that your announcement has indeed gone out to the entire list.



We also have a YouTube channel with many fine videos from past events. Please check it out!

<https://www.youtube.com/channel/UCCB4f1QY4NtpLMurjs9OOHw>

A Final Note Of Thanks



With heartfelt appreciation for you and your individual path on Earth at this time, we cordially invite you to participate in events and gatherings throughout 2017 for the Center of the One Heart. We hope to see you and your friends at our lecture series, at the Spring Fling at Akasha, and the Solstice Gathering @ Swannanoa!

