

One Heart is dedicated to creating opportunities for raising the heart consciousness of the world through people helping people.

Hosted by: Akasha 6656 Mountain Light Place Crozet, VA 22932 Saturday May 16th 12:30pm-10pm

One Heart Spring Fling... a gathering of teachers, healers, artists, and spiritual seekers for a day of fun, sharing, networking, speakers, ceremony, food and entertainment.

Teachers, healers, artists, and spiritual seekers from the greater central Virginia area.

Our setup begins at 12:30 PM followed by circle time at 2 PM with introductions and sharing.

At 4 PM sharp we will journey deep into the Heart of the One with a special concert by Matt Venuti.

Take a moment right now and go to Matt's website and listen to his song: "Rise" and you will see we are in for a real treat. This musical meditation is not suitable for children and if you plan to attend Matt's concert please plan to arrive NO LATER THAN 4 PM.

This event is open to all on a donation basis. After the concert we will share a potluck dinner at 5:30 PM and you are asked to bring a dish to share.

EVENING MUSIC and ENTERTAINMENT

You are invited to bring drums or acoustic instruments for music and storytelling around the bonfire in the evening after the potluck. Bring a blanket or lawn chair. Music at 7pm, Shallel will keep the vibe alive.

CONTACT

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http://oneheartcenter.org http://akasha-va.org http://mattvenuti.com

